

Процедурата се осъществява с финансовата
подкрепа
на Европейския социален фонд
Договор №BG05M9OP001-2.004-0022-C01



Алианс на
българските акушерки
midwivesbulgaria.org

Фондация “Здрави
майки, здрави
бебета”
mumsandbabies.org

Общностен център
«Ранно детско
развитие» Благоевград
centar_rdr_blg@abv.bg

ДВИЖЕНИЕ И ПОДГОТОВКА ЗА РАЖДАНЕ

Акушерка Йонка Петкова

The background of the slide is a light gray gradient, decorated with numerous realistic water droplets of various sizes. Some droplets are clustered at the top left, while others are scattered across the bottom right and center. The droplets have a soft, white-to-gray gradient, giving them a three-dimensional appearance with highlights and shadows.

ДВИЖЕНИЕ

*ДВИЖЕНИЕТО Е ЗДРАВЕ,
А ЗДРАВЕТО Е ЖИВОТ*



БРЕМЕННОСТ


*БРЕМЕННОСТТА Е ЕТАП ОТ
ЖИВОТА НА ЖЕНАТА*



The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. The droplets have highlights and shadows, giving them a three-dimensional appearance. The main text is centered and rendered in a bold, pink, sans-serif font.

ФИЗИЧЕСКА АКТИВНОСТ

ИЗБЕРЕТЕ УДОВОЛСТВИЕ

The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. The droplets have highlights and shadows, giving them a three-dimensional appearance.

ПРАВИЛНА СТОЙКА

УСЕЩАНЕ ЗА ЗДРАВЕ И КРАСОТА

The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. The droplets have highlights and shadows, giving them a three-dimensional appearance. The word 'ДИШАНЕ' is written in a large, bold, pink font in the upper center of the slide.

ДИШАНЕ

*АКО СВИКНЕМ ДА ЧУВАМЕ ИЗДИШВАНЕТО
ТО СЪС СИГУРНОСТ СМЕ ВДИШАЛИ*

The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. The droplets have highlights and shadows, giving them a three-dimensional appearance. The main text is centered and rendered in a bold, pink, sans-serif font.

ЧЕРВЕНА СВЕТЛИНА

*РЕДОВНИТЕ ПРАКТИКИ
ВОДЯТ ДО ЖЕЛАНИЯ ЕФЕКТ*

The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. The droplets have highlights and shadows, giving them a three-dimensional appearance.

БЛАГОДАРЯ ЗА
ВНИМАНИЕТО!

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